



Suburb News goes to The Market Place

Coffee Temptations – Café Culture

Café Culture is really taking hold in Market Place with the launch recently of a new initiative: Coffee Temptations, which opened in May 2017.

Claire, who is the manager and part owner, explained to me she had worked in the vicinity for many years and saw that there was little to offer for lunchtime meals, so she wanted to offer something to meet the needs of the local community.

The premises were previously owned by Rose groceries for some years. So, a thorough refurbishment was necessary and this has now been transformed into a modern, spacious attractive café. There is seating for 40-50 people, with a special 'Kids Corner', and a changing room for mothers who have babies. There is also a disabled toilet.

The hours of opening are from 7am until 10pm, which enables locals to have breakfast, lunch or dinner. The menu is extensive, offering a wide variety of mainly Mediterranean food, which is freshly prepared every day by their Hungarian chef. Fresh sandwiches and salads can be made to order, and a take away and home delivery service is available.

Claire is looking at future developments and hopes to offer bespoke cakes and catering for parties.



She is trying to fulfil the needs of the local community, whom she has said do want to stay local, whether walking their dogs and stopping to have a coffee, or equally for local mums, or business people to enjoy something to eat and drink. There is a diverse mix of customers, who can use free Wi-Fi and read the newspaper.

By installing Wi-Fi, cafés have established themselves as an alternative place to socialise and work. Coffee Temptations is a welcome addition to Market Place and we wish them every success.

Do go along to try their delicious food. You can like them on Facebook and visit the website www.coffeetemptations.co.uk

DAPHNE BERKOVI



Brookland Junior School meets adventurer Nick Carter

As part of a project planned by Deputy Head Teacher Shirley Bates, Brookland Junior School has been following the adventures of a local explorer, Nick Carter. The project is inspired by two of our Brookland Values, 'Resilience' and 'Charity'. Nick has visited several times recently to speak about his experiences.

First, he came to speak about his Mount Everest adventure. The children were inspired by his talk. "You could hear a pin drop for an hour, as everyone was so interested in Nick's amazing adventure up Everest," observed Justin. Sebastian added, "My favourite bit was when we tried Nick Carter's stuff. He gave us a straw to try to experience the breathing level and how it felt to breathe on Everest." "He said you can make many mistakes but don't give up," said Shayam. We were very lucky that after

his talk, Nick stayed to lead some team-building and perseverance exercises for us.

A few weeks later, Nick returned to speak about his preparation for his upcoming challenge, swimming the English Channel. "Nick Carter, the adventurer, came today. He talked to us about swimming across the Channel with two other people who are very different. One of them nearly drowned when she was six and has a fear of water. If she swims the Channel, she will be the first woman from Iran to swim it. Nick was worried because he is not an excellent swimmer, it is cold and he will be lonely. Nick is swimming from July 3-7. We are going to watch videos of him swimming and he will give missions for us to do too. There will be prizes for people who do them really well. We dressed up

today in our own clothes. Some people dressed as people who inspire us. We were Simone Biles, a gymnast, and James Bond," said Abi and Teo.

All the adventures are used to inspire and motivate children and show them key values of life in action. The school will be running its own adventures and teambuilding activities in class and children will have their own tasks they can complete at home.

To support this, our school is fundraising for a charity that helps young people overcome tragedy through adventurous activities. We are looking forward to following this new adventure and learning many valuable life lessons along the way.

If you'd like to find out more about the organisation we are supporting, please visit www.committedproject.org.

SUBURB NEWS IS PRODUCED AND DELIVERED TO YOU BY RESIDENTS ASSOCIATION VOLUNTEERS

Local author's talk at Suburb library

The latest in the Garden Suburb Library's series of talks by local authors was given on 14th June by John Atkin. John, an economist by training, has been a Trustee of the HGS Archive Trust for more than ten years. He has recently published a book about 'Hampstead Garden Suburb during the Great War' drawing from discoveries he made when researching in the archives.

His talk to a packed audience in the Library focused on this period and contained many fascinating insights into the Suburb residents' contribution

to the War effort, including the formation of the Golders Green Special Constabulary. He touched on Dame Henrietta Barnett's reminiscences about the War not all of which were entirely accurate.

There was a lively Q&A after the talk and a chance to chat, over drinks, with John about the matters raised in his book.

There are further talks by other local authors planned at the library in the autumn for you to look out for.

This is the fifth year since our local community took over running our HGS library from

Barnet Council. A big vote of thanks goes to all those who have worked so hard to make it a success story from Jeremy and Hetty, who have led us, down to the newest helpers.

In that time, it has gone from strength to strength, introducing toddlers and pre-school mornings which have encouraged children to read and, for adults, interesting evening talks by authors.

If you enjoy meeting people and can spare some regular free time to help as a volunteer, do go in and ask for details.



TONY BRAND



TONY BRAND

Library Volunteers Annual Party in Lucas Square

Two fatal accidents in Market Place

This year has seen two fatal accidents on the A1 on the Suburb. The first was on Saturday, 25th February when a pedestrian was killed crossing Lyttelton Road by the junction with Ossulton Road and Kingsley Way.

On Wednesday 21st June a 29 year-old motorcyclist from Southgate died in a collision on the Fallofen Way just before the crossing with Northway and Hill Rise. The air ambulance was called and landed in Northway Gardens, but the man died at the scene.

There was a great deal of concern over the first fatality and, as a result, the RA called an Open Meeting on the subject of Pedestrian Safety on the Suburb,

which was held on Thursday 6th July as Suburb News was going to press. There will be a report on the outcome of the meeting in the next issue of our paper.



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