

Suburb News

in conversation with Sam Bheda



Suburb inspires resident to take up a new career in interior design

It was a move to the Suburb in 2010 that eventually led Sam Bheda to take up a new career and establish his interior design studio last Autumn. He's since worked on the interiors of a flat in Belvedere Court, the iconic grade II listed 'moderne' building on Lyttelton Road designed by the architect Ernst Freud, and is finalising plans for a new project within the same building.

Prior to answering what he feels is his true calling, Sam

by Raymond Unwin and Edwin Lutyens. He takes inspiration from his surroundings and loves absorbing the variety of architectural styles to be found in the Suburb as well as the beautiful open spaces, woodland, gardens and squares, "It all feeds my creativity," he concluded. When he's working on a project the starting point is always the architecture of the property itself because that is where he takes the initial cues for its design, which ultimately results in a harmonious interior that is sympathetic to its surroundings."

It is interesting that the Suburb has always attracted individuals from the creative industries and had its fair share of notable figures. Even as far back as the 1800s, part of the land on which Hampstead Garden Suburb was developed, known as Wyldes, attracted a succession of famous residents including the painter John Constable and the writer Charles Dickens.

On discussing what his plans are for the future, Sam says: "Last year was all about setting up the business, launching my website and getting the fundamentals right, for example a briefing process that helps me deliver an interior scheme that aligns with my client's aspirations and achieves the very best results for them. So this year I'm keen to develop the business and I'd love the opportunity to work on other projects in the suburb."

For more information you can visit Sam's website at www.sambheda.com **S**

spent fifteen years working in the City, most recently leading the marketing function for the property and construction division of a global company. "I've always enjoyed being part of the creative industries and studied interior design at Central Saint Martins a few years ago, but it wasn't until I moved to the Suburb that my long-held passion for interiors was realised," he says.

He became interested in the area's unique architectural and environmental qualities, the result of exceptional planning

Table Tennis Club News

The Hampstead Garden Suburb Table Tennis Club is going from strength to strength. Since opening in September 2015 it has had nearly 200 people through the door, aged from six to 85!

The club thrives on a combination of coaching and matchplay. The coaching staff are supplied by Darius Knight, one of our 2012 Olympians.

There has been a significant improvement in the standard of those that have played over the last year so much so that some of the players wanted an extra challenge. In response, this year the club entered two teams into the Barnet Table Tennis

League in divisions 2 and 3. To be able to enter the teams, it needed two new tables which the HGS Trust kindly contributed £1,000 for which we are hugely thankful.

Half way through the season on 31 December 2016, the first team was fourth in the division, and only two points off second spot, and the second team was eighth with a game in hand. Both teams have a mix of adults and children from the local community, which has proved a successful combination.

The club is open every Thursday from September until the end of April from 6.30pm to 8pm for children and 8pm until

9.30 (sometimes later) for adults. The cost is £8 for children and over 70s and £10 for all others.

RICHARD GRETHE



Farm Walk Tennis Club

Nestling in a leafy corner, away from the hustle and bustle of Temple Fortune shopping whirl, is Farm Walk Tennis Club. Established over 75 years ago, it has five courts – three artificial grass, two clay – and a clubhouse with table tennis and table football. A very successful wine and cheese event held earlier in the year ensured that members, and their tennis partners, had a chance to get to know each other and there are more social events planned throughout the year.

160 adults and 70 junior members range in age from 5 to 88 years old. There are three coaches: Lilla, who has been at Farm Walk for over 12 years and coaches the ladies, both in groups and individually; Theo, who has been at the club for over 12 years too and Assistant Coach Arthur, both of whom coach the men and run the flourishing Junior Section.

Several Teams play in the Middlesex league, there are competitions, tournaments, a Rusty Racket group for those wanting to take up tennis after a break, and tea and club play

once a month. There is social tennis from 7pm to 9.30pm on Wednesday and from 2pm to 4pm on Saturday. Visitors are able to play three times before joining.

There are also occasional coaching sessions in conjunction with Kisharon School (boys with special needs) and with Barnet Mencap.

If you would like any further information or are interested in joining the club, please email Farmwalktennis@gmail.com.

SIMONE HALFIN



Calling all golfers – men and ladies

The Spring meeting of the HGS Golf Society will take place on Friday 31 March 2017 at Hadley Wood Golf Club. The cost will be £35 per person which covers the green fee and a simple lunch to follow.

This represents exceptional value as the green fee alone is usually substantially more. For those of you who do not know Hadley Wood Golf Club, it is a very fine course which has hosted the regional qualifying competition for The Open and is a course which was designed by Dr Alister MacKenzie who also designed some world-class courses including Augusta, Cypress Point and Royal Melbourne. It is well worth a visit and if you wish to take part, please contact Paul Wenham at paulwenham@hotmail.co.uk, sooner rather than later as places will be limited.

PAUL WENHAM

A new way to stay up to date with the work of the Trust



ADD YOUR EMAIL ADDRESS TO OUR DATABASE

The Trust will soon be sending out a regular email newsletter. This new service will allow us to send out news more frequently than we have done in the past. We currently produce the Gazette once a year, but we know that residents would like more frequent updates from the Trust.

If you'd like to receive our emails, please make sure we have your current email address. Just send us a quick email with 'newsletter' in the subject to mail@hgstrust.org and we'll add your details. Trust Members will get an email about this soon, but if you need to update your details, please send us an email too.

Our emails will contain timely information, updates on ongoing projects, photographs, and other items of interest to Suburb residents. You don't need to be a Suburb resident to receive these emails – they are open to all.

Sign up by sending us your email address today to: mail@hgstrust.org with 'Newsletter' as the subject.

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