

SCHOOLS OUT FOR SUMMER

With the summer holidays approaching, here's some ideas to get you away from your screens and out of the house



Hidden exhibitions in London

With the Summer holidays rapidly approaching, it's time for you to find and book activities to do with your family and friends. To help you with decision-making, we have compiled a succinct list of exhibitions that are free/affordable. That way, you can really dive into a stress-free experience this Summer, full of enjoyment!

1. Packed full of visuals, breath-taking artwork and captivating patterns, Outernet is home to 'Spaces In-Between', an exhibition which highlights the fusion of technology and nature. In this immersive experience, the public is able to sync their body movements with the fracturing light work, as it envelops their movements and turns them into geometric shapes on what is the largest digital canvas in the world. This exhibition is FREE to attend! Outernet believes that everyone should be able to indulge in this incredible experience, and that everyone should be able to appreciate the relaxing qualities of art.
2. Optical illusions? Colours? Twisting murals? Say no more, for the Twist Museum, set in the heart of London, is ready to boggle your mind. It's an interactive museum that explores and puts your mind to the test. Specially curated by artists, neuroscientists and philosophers, it's bound to encapsulate you in its unique exhibitions. With incredible kaleidoscopic effects and sensory elements, you will be able to find out how your brain interprets the things you see and hear, thus making it a fun AND educational experience at the same time!
3. Frameless is an immersive art gallery experience in London, where you can lose yourself in a puzzle of colours, shapes and lights to discover some of the world's greatest pieces of art in ways never seen before. It features works of extremely famous artists, including Van Gogh, Monet, Rembrandt and many more! Step into the worlds these innovative artists spent their whole lives creating for us to see by going to Frameless this summer and be engulfed in this multi-sensory experience.
4. If the history, architecture and culture of Ancient Rome is something that interests you, then the London Mithraeum is the perfect place for you to go. Mithraism, also known as the Cult of Mithras, was a Roman mystery religion about Mithra, Roman god of oaths and justice. In 1954, the head of a Mithra statue was discovered beneath the rubble of post-war London, and artefacts like this found in the temple site are showcased in the London Mithraeum. This museum is free to enter.

Hopefully, this list of free and affordable exhibitions, galleries and museums are up your alley, and maybe in a few years, these underrated museums will be bustling with visitors who all want a taste of the wonderful art, architecture and works of such innovative people. Enjoy!

Soumiya Indrakumar &
Vishali Thushyanthan (HBS)

PillarCare

Outstanding care in your home for independent living

PillarCare's friendly, experienced team have been helping people live as independently as possible in their own homes for over 20 years.

Call us to speak to a member of our team.

-020 7482 2188-



pillarcare.co.uk | enquiries@pillarcare.co.uk